SPROUT OUT OF A DREAM

DIRECTOR JUGGLES FANTASY, REALITY IN THE ODD LIFE OF TIMOTHY GREEN PAGE 7

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Tuesday, August 14, 2012
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A GOLDEN MOMENT
as Olympic bronze medallist returns home

Kaylyn Kyle, right, was one of seven Saskatchewan athletes who made the province proud at the London Games. She arrived at Saskatoon's John G. Diefenbaker International Airport Monday evening, greeted by friends and family and ready to celebrate the bronze-medal victory she earned with the women's soccer team. For more, see pages 13 and 14. MORGAN MODJESKI/METRO

Riding out a losing streak

Rider Pride may have taken a bruising recently, but the team is focusing on staying positive, says head coach Corey Chamblin
PAGE 2

Province looks to cut down on knife violence

Saskatchewan's Ministry of Justice is hoping to glean ideas from knife legislation found across Canada and abroad
PAGE 2

Kick ho-hum hummus up a notch

Black Olive Tahini Spread adds another flavour dimension to your everyday dip PAGE 10

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NEWS 1

Riders not ready to ride quietly into the sunset

Losing streak. Team determined to remain upbeat after loss to Edmonton

JEFF MACKEY
jeff.mackey@metronews.ca

The Riders returned to Taylor Field on Wednesday with a 3-3 record and a bad taste in their mouths.

At practice, the drills were tough, but the criticism from the media — and even from the Riders themselves — were even tougher.

"We just killed ourselves with penalties, time counts, offsides, you name it," Roughriders quarterback Darian Durant said, referring to the 28-20 loss against Edmonton on Friday.

"It is very frustrating. I mean, offsides are just concentration penalties — things that could be avoided easily."

Still, the Riders are trying to stay positive and work through this losing streak.

"What I have learned in that locker-room after three losses is that the guys are still upbeat, they are still in spirit and they are still coming to work," head coach Corey Chamblin said. "It may not show in the win column now, but they are a young team and it shows that they didn't falter."

Never say die

"I don't worry too much about what people say or think. I have been through almost everything you can go through: the losing streaks, the winning streaks — everything."
Quarterback Darian Durant

For veteran players such as Durant, experience has taught them not to let these downturns affect them.

"I don't worry too much about what people say or think. I have been through almost everything you can go through: the losing streaks, the winning streaks — everything," Durant said.

"If you look back to 2010, we had a four-game losing streak and how did that end up?" Durant asked the media in an interview after practice.

Saskatchewan Roughrider Terence Jeffers-Harris, right, tries to get past the Edmonton Eskimos' Weldon Brown on Friday during the first half of the CFL game in Edmonton. JOHN ULAN/THE CANADIAN PRESS

Chamblin seems to share Durant's optimism.

"I have had highs and lows and I know if you keep working that things will turn around and that they will for this team."

We need to get rid of knife violence: AG

Seeking to find ways to curb knife violence in the province, Attorney General Gordon Wyant says the justice ministry is examining strategies from across Canada and abroad. MORGAN MODJESKI/METRO

Saskatchewan Attorney General Gordon Wyant is making knife violence a priority.

Wyant, who is also the justice minister, says ministry officials are examining knife legislation in jurisdictions across the country and around the world to find ways to curb stabbings in the province.

"We're going to have our officials look at what other jurisdictions are doing, not just jurisdictions in Canada, as we know there are some fairly innovative things people are talking about in other countries," Wyant said. "Once I have that information in hand, we'll make some decisions as to how we're going to proceed."

Wyant said if the province were to revise knife laws, it would take a balanced approach to ensure those who are using knives properly won't be negatively affected.

"There's the legitimate use of knives and legitimate reasons for people to carry knives," Wyant said. "So, while it's important to try and figure out what we're going to do about the illegal use of knives, we also have to balance that off against the legitimate users."

Asked what the ministry will be looking at from other jurisdictions, Wyant said long knives and machetes are "difficult issues," but the ministry will be looking at a "broad range" of perspectives that he hopes will help stem rising knife crimes.

"We know it's increasing and know that there are some significant instances that are happening on our streets," Wyant said. "If we can find a reasonable way of decreasing the use of knives in violent situations, I think that's got to be the goal."

MORGAN MODJESKI/METRO

Mobile news

This kitten sure wants milk. Scan the code to see how crazy a cute three-week-old furball gets at the sight of a milk bottle.

Investigation

Baptist church ravaged by fire

A fire ripped through First Baptist Church early Monday morning, causing significant internal damage, fire officials say.

According to a release from Saskatoon Fire and Protective Services, crews were called to church, at the corner of 3rd Street and Munroe Avenue at 5:37 a.m. Four engine companies and an aerial unit were dispatched and crews found the main body of the fire was in the substructure and kitchen on the second floor.

The fire was under control by 6:30 a.m. and crews remained on scene, ensuring there were no hot spots until after 9 a.m.

Damages are estimated at more than $200,000. There were no injuries and police and FPS are investigating.

METRO

Grow operation

Two charged in Big River drug bust

After two drug busts between Aug. 8 and 9, police have laid drug and weapons charges against Daniel Daley, 53, and Carmen Daley, 60, both of Big River. Mounties seized nearly five kilograms of marijuana and other drugs from an outdoor grow-op and a home in Big River. METRO

Kateri Tekakwitha

First Nations to honour Lily of the Mohawks

A Roman Catholic church in Saskatchewan is holding a gospel jamboree to celebrate Canada's first aboriginal saint.

Kateri Tekakwitha was an Algonquin-Mohawk woman who died in 1680. Pope Benedict approved her canonization late last year and she is to be sainted on Oct. 21.

Roy Wilmhoff of the Holy Cross Roman Catholic Church on the Sturgeon Lake First Nation says a two-day jamboree this week will feature prayers, singing and services.

Kateri was approved for sainthood when the church recognized as a miracle the healing of a five-year-old boy who had flesh-eating disease.

THE CANADIAN PRESS

Norway. Commission criticizes police response to bomb, gun massacre

Norwegian authorities could have prevented or interrupted the bomb and gun attacks by a far-right terrorist who killed 77 people last year, a government-appointed commission said Monday.

The long-awaited report into the July 22, 2011, attacks also said the domestic intelligence service could have done more to track down the gunman, but stopped short of saying it could have stopped him.

Anders Behring Breivik

Anders Behring Breivik, 33, has admitted to the bombing of the government's headquarters in Oslo, which killed eight people, and the subsequent shooting spree at a youth camp that left 69 dead, more than half of them teenagers. He is currently awaiting sentencing.

While noting that the attacks "may be the most shocking and incomprehensible acts ever experienced in Norway," the 500-page report said the bombing "could have been prevented" if already-adopted security measures had been implemented more effectively.

Breivik was able to park a van with a fertilizer bomb just outside a highrise before he drove another car to the Labor Party's youth camp on Utoya, unhindered.

The police response was slowed down by a series of blunders, including flaws in communication systems and the breakdown of an overloaded boat carrying a police anti-terror unit. Meanwhile, Norway's only police helicopter was left unused, its crew on vacation. Breivik's shooting spree lasted for more than one hour before he surrendered to police.

The report said that a faster police response could have stopped Breivik's shooting spree earlier, but recognized that "hardly anyone could have imagined" the attack on Utoya.

THE ASSOCIATED PRESS

Quoted

"Sadly ... after repeated school massacres in other countries, an armed desperado who shoots adolescents is indeed conceivable — also in Norway."

Excerpt from a report into the Norwegian bombing and shooting

Fugitive. Man wanted in gruesome Philadelphia murder arrested in T.O.

Toronto police say a drunk-driving investigation led to the arrest of an international fugitive wanted in a gruesome Philadelphia murder more than a decade ago.

Police say 35-year-old Kai-Guo Huang was originally arrested Aug. 7 in the city's northeast and charged with driving over the legal blood-alcohol limit.

He was released on a promise to appear in court.

Police say Huang gave them a false name, identifying himself as Yu Chen.

Officers later discovered his true identity and learned he was wanted in Philadelphia on charges of murder, conspiracy, possession of an instrument of crime and abuse of a corpse.

The charges stem from the 1998 slaying and dismemberment of a man.

He is being held for possible extradition.

THE CANADIAN PRESS

Security

Man strolls across airport tarmac

A New York City man breached Kennedy International Airport's security system by walking undetected through two runways and into a terminal after becoming stranded in a nearby bay. The 31-year-old swam to shore and then walked past motion sensors and closed-circuit cameras, part of the airport's state-of-the-art system. THE ASSOCIATED PRESS

Vatican scandal

Pope's butler to stand trial

A Vatican judge on Monday ordered the Pope's butler and a fellow lay employee to stand trial for the alleged pilfering of documents from Pope Benedict XVI's private apartment. The indictment accused Paolo Gabriele of grand theft — a charge that could bring up to six years in jail, although the Pope could pardon his once-trusted aide. THE ASSOCIATED PRESS

Police officers gather at the site of a shooting near Texas A&M University on Monday. Police say one law-enforcement officer and one civilian were killed in the shootout. The gunman also was shot before being taken into custody. He later died. DAVE MCDERMAND/BRYAN-COLLEGE STATION EAGLE/THE ASSOCIATED PRESS

Cop among 3 dead after Texas shooting

Four more injured. Gunman, other man also killed during incident near university campus

A Texas law enforcement officer attacked as he brought an eviction notice to a house Monday was among three people, including a shooter inside the home, killed Monday near a Texas university.

A 65-year-old man also died, while three other law enforcement officers and a 55-year-old woman were wounded in the shootings at an off-campus home not far from the Texas A&M University's football stadium, College station assistant police chief Scott McCollum said.

Brazos County Const. Brian Bachmann had gone to a home with an eviction notice just after 12 p.m., McCollum said. A man in his mid-30s who lived there opened fire from inside, he said.

Officers responding to calls describing an officer down saw Bachmann wounded on the ground in the front yard, then got into what McCollum described as an extended shootout with the gunman, who eventually was shot.

Both Bachmann and the gunman were later pronounced dead at a hospital. Officials did not say where the other man who died was shot or why he, or the woman who was wounded, was at the home.

Bachmann worked more than 19 years in law enforcement, according to the Texas Commission on Law Enforcement Officer Standards and Education. He started out with the Hempstead Police Department before spending most of his career with the Brazos County Sheriff's office. He had been a constable since January 2011 after winning election to the post the prior November.

THE ASSOCIATED PRESS

Quoted

"It appeared to be fairly quiet. There didn't appear to be a lot of people out and about at that particular time."

Texas A&M spokeswoman Sherylon Carroll, speaking on the fact most students were not on campus on Monday

Votes piling up to end Quebec student strikes

The number of students on strike in Quebec has dwindled considerably, with people at several colleges voting Monday to end protest actions that had drawn international attention during events some dubbed the Maple Spring.

Following three more votes Monday to end the strike, the tally now stands at six to one among junior colleges, called CEGEPs in Quebec, in favour of returning to class. However, more votes are scheduled in the coming days and some university faculties have voted to keep striking.

A spirited debate took place at Montreal's College de Maisonneuve before students voted to head to class. Afterwards, several strike supporters tried to console each other with long hugs outside the school's main doors.

It's not clear whether the strike movement has suffered a permanent setback, or whether it's simply laying low before a decisive win.

The party leading the polls in the current provincial election campaign, the PQ, has proposed eliminating the tuition hikes that were at the root of the dispute and replacing them with much smaller increases pegged to the rate of inflation.

There have also been warnings that the strikes could be revived after the Sept. 4 election, depending on who wins.

Other votes will be taken this week. As for universities, they return to school later.

THE CANADIAN PRESS

Striking out

- About one-third of Quebec students had their spring session interrupted by the strikes.
- The law passed by the Charest government mandates their return to complete the semester over the coming weeks and sets stiff fines for people blocking schools.

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Cheryl Hickey
Host
Entertainment Tonight Canada

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Iranian earthquake death toll tops 300

Disaster. More than 3,000 injured in twin earthquakes that struck northwestern Iran two days ago

Two boys retrieve their belongings from the ruins of their house following Saturday's earthquake in northwestern Iran. ALI HAMED HAGHDOUST/THE ASSOCIATED PRESS

Iran raised its earthquake death toll to 306 on Monday, a day after rescuers called off the search for survivors from the rubble of their homes in the country's northwest, state media reported.

Health Minister Marzieh Vahid Dastjerdi told a session of parliament that the number jumped by about 50 after victims expired in the hospital. More than 3,000 people were injured in the twin earthquakes that struck two days ago, she added in comments broadcast on state radio.

In one hamlet visited by AP Television News near the village of Bajeh Baj, 13 miles west of one of the epicentres, furniture peeked out from under piles of bricks and collapsed roof timbers while men sorted through debris, trying to salvage what little was left of their households.

Residents say the earthquake killed 35 people living in the simple dwellings surrounded by mountains. Dried earth was left split wide open from the force of the shock, which cut some houses in two and left the wall of one standing only where it was propped up by a refrigerator.

The death toll included some 219 women and children, Dastjerdi said, adding that around 2,000 injured people had been released from hospitals soon after the quake since they had only minor injuries.

Dastjerdi said her ministry has deployed scores of ambulances and medics to the region but still needs helicopters to transfer seriously injured people quickly.

Authorities say old, heavy roofs without frames were largely responsible for the death toll in the rural areas. THE ASSOCIATED PRESS

Relief efforts spurned

Iran's Red Crescent Society said the country does not need any foreign aid.

- Spokesman Pouya Hajian told the ISNA news agency that the International federation of Red Cross and Red Crescent, UNICEF, Turkey, Taiwan, Singapore, Germany and many embassies in Tehran had offered help but that the Iranian Red Crescent is able to support the quake-stricken areas.

Patient safety

Health Canada warns of hospital-bed entrapment

Health Canada is warning hospitals and other health-care facilities about the risk of entrapment of patients in hospital beds after three people died and several were injured. In a notice to hospitals issued Monday, the health agency says 12 incidents have been reported of patients becoming trapped in hospital beds since 2009, including three deaths. THE CANADIAN PRESS

Guatemalan lawsuit

Research victims appeal decision

Guatemalans who had been subjected to sexually transmitted diseases by U.S. researchers in the 1940s have appealed a judge's dismissal of their lawsuit. A U.S. District judge dismissed the suit two months ago. He ruled that federal law bars claims against the U.S. based on injuries suffered abroad. The victims filed an appeal Monday with the U.S. Court of Appeals in Washington. THE ASSOCIATED PRESS

A glimpse into the past

A historical picture of construction work on the Berlin Wall is seen in the background as a man looks through a slot in a segment at the Berlin Wall Memorial on Monday. Germany was marking the 51st anniversary of the day communist East Germany sealed itself off behind the wall. GERO BRELOER/THE ASSOCIATED PRESS

Market Minute

DOLLAR
100.76¢
(-0.15¢)

TSX
11,838.83 (-52.56)

OIL
$92.73 US (-14¢)

GOLD
$1,612.60 US ($-10.20)

Natural gas: $2.73 (-4¢)
Dow Jones: 13,169.43 (-38.52)

Travel. Google gobbles up Frommer's guide books

Google is buying the Frommer's brand of travel guides.

Google Inc., which bought the Zagat restaurant-review service in September, plans to use Frommer's guides to hotels and destinations around the world to complement the Zagat listings.

Google is buying Frommer's from publisher John Wiley & Sons Inc. in a deal that includes Wiley's other travel-related businesses. Financial terms were not disclosed in Monday's announcement.

Wiley is trying to sell off a number of businesses that no longer fit with its long-term focus on professionals and education. In addition to travel, businesses up for sale include the company's culinary, general-interest, nautical, pets, crafts, Webster's New World and CliffsNotes businesses.

Wiley, which is based in Hoboken, N.J., says it plans to use the proceeds from the sales to support growth opportunities in its other businesses.

THE ASSOCIATED PRESS

Past, present and ...

Frommer's got its start in 1957 with the publication of Arthur Frommer's Europe on $5 a Day.

- Frommer's now publishes more than 300 guidebooks and runs the Frommers.com website.

Tourism slumped during Olympics: U.K. trade body

Workmen take down an Olympic flag near Buckingham Palace in London on Monday, following the closing ceremony of the 2012 Summer Games.
ALASTAIR GRANT/THE ASSOCIATED PRESS

Disappointing numbers. 88 per cent of British tourism-oriented businesses reported losses versus last year

The Olympics brought less tourist money to recession-hit Britain than officials expected, a trade group said Monday, with a majority of tourist businesses reporting losses from last year.

A survey of more than 250 tour operators, hoteliers and visitor attractions found that tourist traffic fell all over Britain, not just London, said UKinbound, a leading trade association representing British tour operators, shops and hotels. The survey said 88 per cent of British tourism-oriented businesses reported some losses during the Games compared to the same period last year.

"As an industry we knew the Games would have a negative impact on international visitor numbers to London but the impact on the rest of the U.K., combined with domestic visitors staying away, has been deeply disappointing," said Rita Beckwith, chief executive of London's City Cruises, a member of UKinbound.

Officials are still tallying up the total number of tourists who came to — or avoided — London this summer. The capital normally sees about 1.5 million tourists on average in August.

Tourism officials say that international Olympics visitors to London, including athletes, officials and tourists, totalled about 300,000. Domestic spectators from Britain made up the majority of people visiting Games venues.

THE ASSOCIATED PRESS

Tame tourists

"The people who came to the Games really didn't do very much sightseeing, didn't do very much shopping, didn't do very much eating out."

Miles Quest, a spokesman for the British Hospitality Association

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WHEN YOU BECOME YOUR PARTNER'S PARENT

SHE SAYS...
Jessica Napier
metronews.ca/shesays

Every time I embark on a couple's getaway with my significant other, I am expected to be the keeper of our passports and all other important documents. I don't know why this happens, but I do know that it's the cause of many departure-lounge arguments.

"It's easier because you have a purse," my boyfriend tells me. It's easier for him, is what he really means.

Part of me wants to insist he be more self-reliant and discourage his child-like dependence on me. The other part of me doesn't really care that much about something so trivial. I always wind up carrying everything in the end because, well, it *is* easier and I am also legitimately afraid that he would lose his passport.

It's a small thing to argue over, but it's indicative of a much bigger problem. In relationships, and I know I'm not alone in this, women often find themselves in an awkward position of feeling a bit more like a mother than a lover.

Working in tandem

"A healthy couple functions as a team, with both pitching in. When that fails to happen, the nagging mother appears and both partners suffer."

Sara Dimerman and J.M. Kearns, authors of How Can I Be Your Lover When I'm Too Busy Being Your Mother?

Sure, the desire to nurture and protect is instinctual and, to a certain degree, unavoidable. But it can be hard to know when to draw the line between being supportive and turning into a Pseudo-Mom.

In their new book How Can I Be Your Lover When I'm Too Busy Being Your Mother? therapist Sara Dimerman and bestselling author J.M. Kearns tackle the issues that arise when a loving partnership turns into a parent-child relationship.

According to the authors, "a healthy couple functions as a team, with both pitching in. When that fails to happen, the nagging mother appears and both partners suffer."

When it comes to my own relationship, I have to wonder if I'm enabling my boyfriend's Peter Pan syndrome every time I tidy up after him or do his laundry or remind him about his upcoming doctor's appointment. I'm trying to be a caring and loving partner, but sometimes I catch myself nagging and shudder at the mom-isms that come out of my mouth.

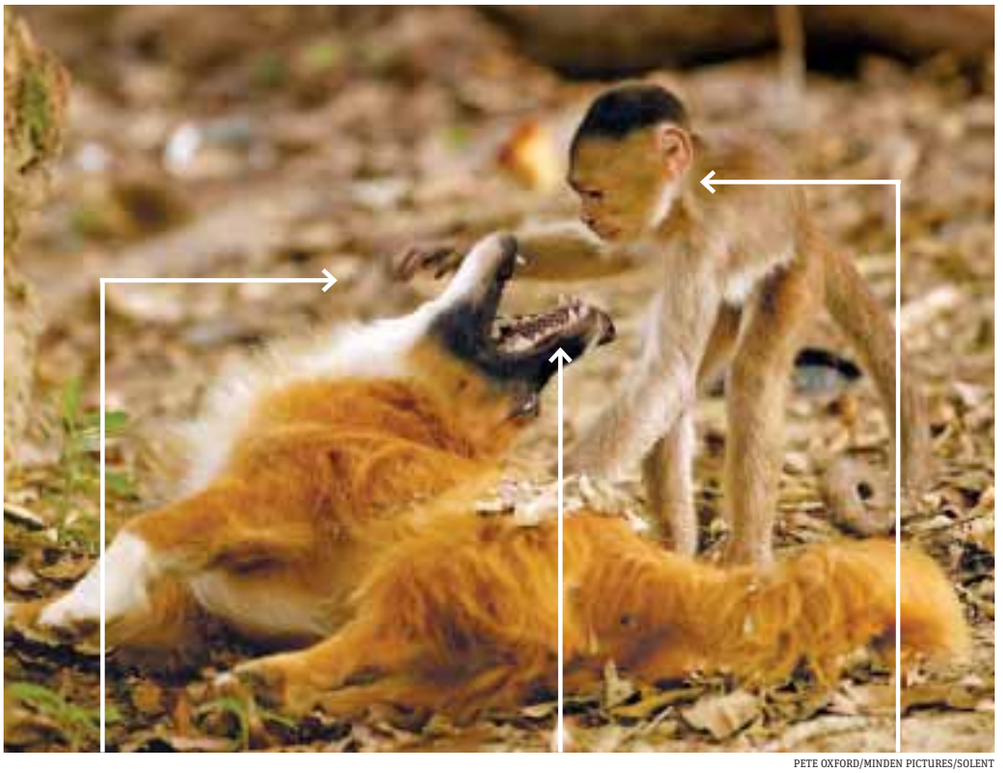
Dimerman and Kearns suggest that sometimes "a man who actually wants to do more around the house is 'fended off' by his wife when she does things like criticizing his work, redoing his tasks and setting too-high standards."

No matter who's at fault, spouses need to be equals. So when you're doing more than your fair share when it comes to domestic tasks and other responsibilities, you run the risk of losing respect for one another and jeopardizing your relationship.

Follow Jessica Napier on Twitter @MetroSheSays

I wanna hold your hand — but I don't wanna be your momma.
DAN KITWOOD/GETTY IMAGES FILE

My, what sharp teeth you have



PETE OXFORD/MINDEN PICTURES/SOLENT

Wildlife greeting

Tooth exam is monkey business

This cheeky monkey seems to play dentist as he peers down into the jaws of a dog who looks more than happy to be the patient. Photographer Pete Oxford captured the amusing scene at the coastal resort of Ecuador's Puerto Misahualli, which is renowned for its large population of the diminutive capuchins.

MWN

Photographer's view

"Showing off your teeth in such a manner is the best way of displaying mutual trust."

Pete Oxford, a wildlife photographer based in Ecuador. The British-born Oxford explained to Metro the playful behaviour of "showing off your best weaponry" — i.e., sharp teeth — signals mutual trust between the two creatures.

Oxford on encounter

- **Primate primp.** "The monkey appeared to be grooming the dog; both were comfortable with each other and seemed to enjoy the interaction."
- **Not wild at heart.** "People have difficulty believing that these are indeed free, roaming wild monkeys."
- **Chums.** "These two seemed to be best of friends, allowing lots of liberties between them."

Metropolitan Panel

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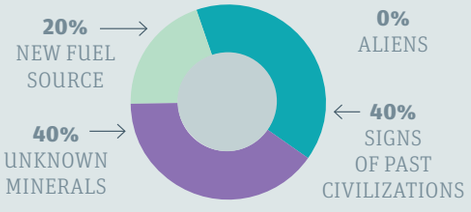
What are you most hoping the Curiosity rover finds on Mars?



Twitter

@pclothespress
My mom referring to things as "moldy oldies" has gotten moldy old.

@Matthewstevensm
Not even at work yet but I can't wait to just come home and lay on my couch

@Niels0919
I've said this before, but there must be something about biking in campgrounds I'm not aware of that precludes kids from wearing helmets.

@JessicaKaila
So the ex was amazing #saskatoon saskatchewan i got a heart henna tattoo which turned out sweet

@jrsmith82
Hey #yxe #saskatoon....need help and advice in regards to #skateboarding for my 9 year old son

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DVD reviews

The Raid: Redemption

Director. Gareth Evans

Stars. Iko Uwais, Ananda George, Ray Sahetapy

●●●●○

Here's the action arithmetic of The Raid: Redemption: one ruthless crime lord, 20 elite cops, 30 floors of hell. Combining a strong protagonist and story with traditional Indonesian martial arts (silat) moves, Welsh writer/director Gareth Evans creates an exhilarating experience that rightly won the Midnight Madness award at TIFF 2011. But this is brutal stuff, with a body count that is high even by genre standards. Iko Uwais is Rama, a rookie in a 20-member SWAT team charged with cleaning a highrise of Jakarta drug lord Tama (Ray Sahetapy) and his legion of thugs. The baddies have been flouting the law to an extent that requires a response — even in a city where cops habitually look the other way for fear and profit. Closed-circuit cameras, a weapons arsenal and a psychopathic enforcer called Mad Dog (Yayan Ruhian) are just some of the tools Tama has at his ruthless disposal.

PETER HOWELL

Jaws

Director. Steven Spielberg

Stars. Roy Scheider, Robert Shaw, Richard Dreyfuss

●●●●●

Steven Spielberg's rubber shark Bruce still has bite, 37 years after Jaws first made a summer swim terrifying. The opening scenes where the shark is prowling the waters off beach haven Amity Island give us the predator's lethal point of view, set to the ominous two-note "ba-dum, ba-dum" score by John Williams, now instantly familiar. You see the water moving, you see the terror on swimmer Chrissie's face, you hear the ominous tolling of a nearby bell buoy. You feel fear right through your bones. Digitally spruced up for Blu-Ray, part of Universal's 100th anniversary celebrations, Jaws returns with its teeth intact and newly buffed.

PETER HOWELL

The Odd Life of Timothy Green opens on Wednesday. HANDOUT

Great things sprout from mere dreams

Growing whimsy. The Odd Life of Timothy Green's director struggled to balance reality and fantasy in film

RICHARD CROUSE
scene@metronews.ca

The Odd Life of Timothy Green comes by its mix of whimsy and realism honestly.

It was born from a dream. Sort of.

"I'd been dreaming that I was directing something and it was going well," says director Peter Hedges. "I had sat up in bed and told my wife I wanted to make one of those movies like A Field of Dreams or It's a Wonderful Life. She said, 'Great, go back to bed.' But I couldn't. 'What's the matter?' she said. 'I don't really come up with those kinds of ideas.'

That could have been the end of it, but as luck would have it he met with Ahmet Zappa, who had a loose idea about a childless couple who bury slips of paper with all the qualities they would like their child to have in the garden. After a heavy rain a young boy with five leaves on each ankle emerges.

Suddenly his whimsical dream was looking much more like reality.

"There was just a myriad of possibilities," the director continues.

"I started telling stories from my own experience as a parent, as a child, as an adult. All that I'd learned in the 15 years I'd been a dad. The meeting got very emotional. I didn't really want to write off of anyone else's notion but this was too delicious. It felt like if I took on its magic and married it with my experience and my deep need to explore, in a new way, the issues of family and love and how we treat each other and how we navigate this broken world… if I could put all that together, maybe I could come close to making the kind of film that I was dreaming about."

Finding a balance between realism and fantasy, however, was harder than he imagined. A table read of his initial script revealed some problems.

"About halfway through the reading fell apart," he says.

"Suddenly I found myself falling asleep and the room got very grim. What I realized was that while the ultimate journey was right, the middle of the movie was in deep trouble. I had more whimsy and less meaning."

A rewrite led to finding the right balance.

"With a film like this you take a bit of a leap," he says. "I think that is the enchanting part of cinema. "That's why we go to the movies."

Interview

Edgerton finds his soft side

Joel Edgerton talks about his latest film, The Odd Life of Timothy Green.

North American audiences are still getting familiar with you and this is a different kind of role for you.

How has it been presenting that?

It's almost easier, in a way. Playing a role like Jim is kind of almost closer to me than Warrior is. You either have the same experiences, family-wise, that your character does or you have to alter them in some way or invent them. And I related to a lot of this character. What I do find hard is this aspect of "cool." It's easier to kind of lean on those things like violence and aggression as male emotions, but it's more interesting to look for the softer elements, you know?

NED EHRBAR, MWN

On the web

Changes set for NBC's The Voice this season, including new 'knockout' punch and 'steal'

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Vanessa Paradis ALL PHOTOS GETTY IMAGES

Too personal, too public: Paradis struggles with prying questions

While Vanessa Paradis is out promoting her new movie, Cornouaille, she can't seem to dodge questions about her recent split from longtime partner Johnny Depp. "I don't want to talk about him. Who said that artists should sell their soul, expose everything about themselves?" Paradis asks in an interview with French Elle. "It's my duty to promote this movie and my albums, but you can imagine what it feels like to see people making a business out of your pain." She does offer some insight, though, into what makes relationships work — and not work: "I hate, for example, whenever you hear someone say, 'You have to work at being a couple.' No, you have to want to be there," she says.

Tough stuff

"You can imagine what it feels like to see people making a business out of your pain." Vanessa Paradis

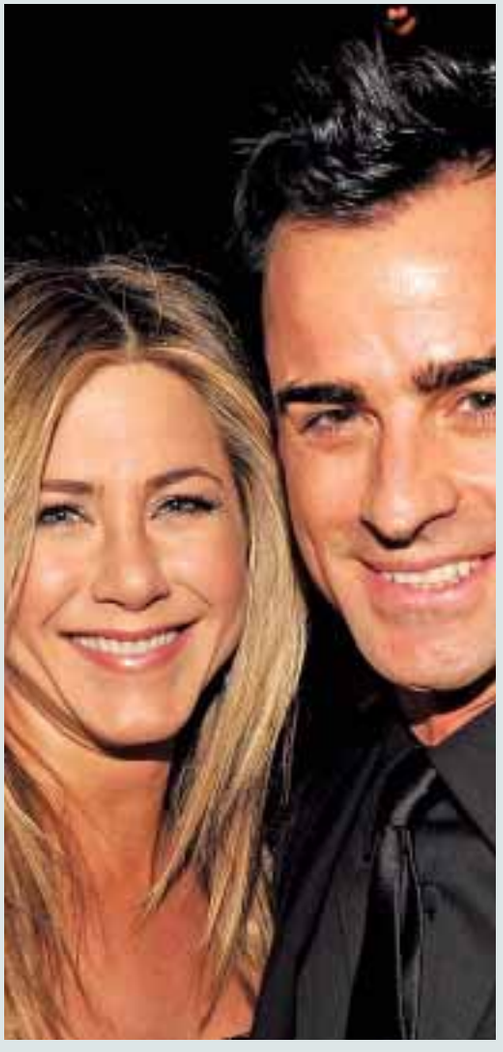
Russell Brand and Katy Perry

Perry wants ex to zip it about past, sources say

After one too many interviews in which Russell Brand ran his mouth about their failed 14-month marriage, Katy Perry has reportedly called in the lawyers to gag the British comedian, according to the Daily Star.

"Katy is fed up with Russell constantly making reference to their marriage in interviews," a source tells the newspaper. "While it's mainly harmless and often even complimentary, she's sick to death of his comments being splashed all over the news and magazines." So the Fireworks singer is taking matters into her own hands, according to the source: "She called lawyers and told them to put a gagging order on Russ to prevent him from speaking (about) her in public again. Katy vowed never to reveal the ins and outs of their marriage breakdown or speak about Russell in any way. All she wants is the same in return."

The Word



He put a ring on it: Aniston's on her way down the aisle

THE WORD
scene@metronews.ca

After more than a year of dating, Jennifer Aniston and Justin Theroux are engaged to be married, Theroux's rep confirms to People magazine.

"Justin Theroux had an amazing birthday on Friday, receiving an extraordinary gift when his girlfriend, Jennifer Aniston, accepted his proposal of marriage," his rep says.

Theroux, 41, and Aniston, 43, have known each other for years, but started dating more than a year ago after working on the comedy Wanderlust. Though that film disappeared quickly from movie theatres after its release earlier this year, the relationship clearly proved to have more staying power.

The two moved in together and tabloids soon began predicting everything from marriage to babies for the new couple. This will be Theroux's first marriage. It's not clear if a wedding date for the couple had been set. Aniston's engagement comes four months after Pitt and Jolie announced their engagement. WITH FILES FROM THE ASSOCIATED PRESS

Natalie Portman

Natalie introduces her baby to the beat

Newlyweds Natalie Portman and Benjamin Millepied are getting an early start on exposing their baby boy to culture, taking in a concert by the Los Angeles Philharmonic at the Hollywood Bowl recently, according to People magazine.

The Oscar-winning actress "looked pretty chilled out," a source says. "She was wearing jeans and a T-shirt, her hair was down. She looked more concerned about keeping (infant son Aleph) quiet and not disturbing anyone than anything else.

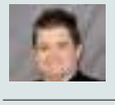
Macaulay Culkin at the 2010 Academy Awards.

Culkin's kin concerned about star

Macaulay Culkin's reps may insist that reports of the former child star's drug problems and failing health are bogus, but photos of the Home Alone star looking gaunt have his estranged parents worried. "I hope that he has the right people looking after him," Kit Culkin, who hasn't spoken to his son in 15 years, tells the Sun.

Macaulay's mother, Jeanette, adds that they fear their son is "dying of some disease or heavily into drugs," based on recent photos.

Twitter



@pattonoswalt
Jesus CHRIST. Just walked for 20 minutes at 10:30 pm in Miami and now I never want to stop showering. #muggy

@EllenBarkin
There is a satellite dish outside my window that I'm really growing attached to. I don't think it's mine. I'll find comfort elsewhere

@SethMacFarlane
In the ninth ring of Hell, you have to watch other people eat cereal for all eternity.

@SirPatStew
My brain hurts.

Best Health

Hop on the benefits of cycling

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

If your bike is sitting in your garage collecting dust, it might be time for a gentle refresher on why two-wheeling for fitness is so great for you. In the current issue of Best Health magazine, Matthew Kadey explores some major life benefits of cycling.

1. You'll be trim
Cycling is a great calorie burner: A 130 pound woman cycling at a moderate pace for 30 minutes will torch around 240 calories. And according to a study in the American Journal of Public Health, adults involved in active travel are less likely to be overweight.

2. It's cheap and eco-friendly
Save on gas while saving the environment. Map out a two-kilometre radius from your home in which you can do bike errands. Start by wheeling to your pharmacy or grocery store once a week, and then expand your radius for an extra challenge.

3. You'll tame stress
A 2011 Swedish study found that people who drive to work are more stressed and are in worse health than those who bike to work. Join a cycle club if you need the extra motivation to get your endorphins pumping.

For more news on how to stay properly hydrated and get the right nutrients to keep you going strong in the saddle, check out Best Health, on newsstands now.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GOT TO BESTHEALTHMAG.CA/METRONEWS

A recent study shows that mold can cause asthma in babies. ISTOCK PHOTOS

Babies exposed to mold more susceptible to asthma

Factors. Study shows that risk of developing breathing problems is higher for babies that come into contact with certain harmful fungi

CELIA MILNE
life@metronews.ca

Keep your baby safe from mold.

Researchers in Cincinnati recently completed a study in which they looked for triggers of childhood asthma. They found that while air conditioning, dehumidifiers, carpeting, smoke and dogs did not increase asthma rates, mold did.

"The main new finding is that we were able to show an association between mold exposure in infants and the development of asthma in children," says lead author and professor Tiina Reponen from the University of Cincinnati.

Cats reduced the risk of asthma.

Asthma is a chronic inflammation of the airways. It affects about 12.5 per cent of Canadian children.

There were 289 babies in the study, all born healthy in Kentucky and Ohio. The scientists did home visits when infants were on average eight months old.

They assessed amounts of dust, mold (which is made up of fungi) and other allergens in the home. Then, the children received a clinical exam at age seven, and were tested for asthma.

Risk of asthma was 1.8 times greater in the children who were exposed to high amounts of mold.

"The main reasons for mold growth in buildings include wet basements, flooding, roof leaks, leaks from water pipes, and condensation of indoor moisture on cold surfaces," says Reponen.

Her advice?

"Remediate any water damage promptly to avoid mold problems. This is especially important for families bringing a new baby into the home. And even more critical if there is a parental history of asthma."

The study will be published in the Journal of Allergy and Clinical Immunology.

Quote

"Remediate any water damage promptly to avoid mold problems. This is especially important for families bringing a new baby into the home."

Prof. Tiina Reponen
University of Cincinnati

Swimmers should beware of bacteria

Public pools. Take the proper precautions and keep things sanitized when looking to cool off with the kids for remainder of summer

While many Canadians have turned to public pools this summer to seek relief from sweltering temperatures, experts say steps can be taken to prevent pool-related maladies like athlete's foot and plantar warts, as well as gastrointestinal infections that spread through exposure to bacteria.

Responsibility for disease prevention, they say, lies both with those who maintain pools as well as with swimmers themselves.

Shelley Beaudet, a senior environmental health officer with Vancouver Coastal Health, says two of the biggest pool-related ailments are infection by cryptosporidium and pseudomonas.

Cryptosporidium is spread when those with gastrointestinal problems like diarrhea use a pool. Pseudomonas, meanwhile, is a germ commonly found in water or soil, and can cause a rash for those who swim in infected water.

Both cryptosporidium and pseudomonas are resistant to chlorine.

THE CANADIAN PRESS

Hot tubs

Those who are using hot tubs should be aware too.

- **Signs.** Those using hot tubs should keep their eyes peeled for greasy-looking bubbles on top of the water, a sure sign of unsanitary conditions.

Public pools help with summer swelter, but infections could be lurking.
MICHELLE SIU/THE CANADIAN PRESS

LIFE 3

On the Web

Kids pick nutritional Happy Meal when no toy offered with less healthy option: study

Upgrade your picnic with Black Olive Tahini Spread

ROSE REISMAN
for more, visit
rosereisman.com

This spread is similar to a hummus dip, but it adds black olives. Tahini is sesame seed paste found in the ethnic section of your supermarket.

It is great for dipping veggies and crackers during those lazy summer picnics.

Ingredients

Start to finish: 5 minutes

- 1 cup canned chickpeas, drained and rinsed
- 1/4 cup tahini
- 3 tbsp water
- 2 tbsp olive oil
- 2 tbsp lemon juice
- 1 tsp finely chopped garlic
- 1/2 tsp hot chili sauce
- 1/3 cup finely diced black olives
- 2 tbsp chopped fresh basil or parsley

This recipe serves six. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

1. Combine the chickpeas, tahini, water, olive oil, lemon juice, garlic and chili sauce in the bowl of a food processor. Purée until smooth.

2. Stir in the olives and garnish with basil or parsley.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Health Solutions

Best bets in booze

NUTRI-BITES
Theresa Albert, DHN, RNCP
myfriendinfood.com

What's a party (or an afternoon on the porch for that matter) without a couple of drinks?

Hey, some studies even show that there are heart protective benefits!

As usual, though, there's a catch: Women should limit themselves to one drink per day, men can have 2. (Note: If, and only if, you can afford the calories without gaining weight.)

That means that you must pay attention to getting all of the nutrients and calories your body needs from food before adding the empty ones of booze.

So how many empty calories in your best bevvie? And how are you going to work it off?

For each drink of the following you have, you will need to walk very briskly (so you are out of breath the whole time) for:

- **1 light beer (12 oz) = 110 calories or 24 minutes**
- **1 vodka/soda (1.5 oz shot) = 125 calories or 28 minutes**
- **1 glass of wine (5 oz) = 125 calories or 28 minutes**
- **1 beer (12 oz) = 146 calories or 32 minutes**
- **1 bloody caesar (1.5 oz shot + 5 oz clamato) = 156 calories or 35 minutes**
- **1 vodka or gin/tonic (1.5 oz shot + 5 oz tonic) = 175 calories or 39 minutes**

Life is nothing more (or less) than a series of tradeoffs. You get to decide which more and what less every day. It's easy when you have all of the information.

THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Scotch Eggs. Pack them up for outdoor nibbling

The Scotch egg has been a tradition in pubs of the United Kingdom since 1738.

They are perfect to pack in a picnic basket. Eat them as is or with chili sauce. They can be served warm or cold.

1. Divide sausage into 8 equal balls. Pat each ball across palm of your hand to make flat oval.

2. Lay 1 hard-cooked egg in centre of each sausage. Wrap sausage around egg. Roll sausage-egg in hands to create smooth surface. Continue with all eggs and sausage balls.

3. Place flour and pepper in large shallow dish. In another shallow dish, whisk egg, 15 ml (1 tbsp) water and Dijon mustard. In third shallow dish, gently toss cornflakes and parsley.

4. Roll sausage balls in flour, then dip into egg mix and end with coating of cornflake mix.

5. Place coated eggs on greased rack placed on rimmed baking sheet. Bake in a 230 C (425 F) oven, turning once, until golden, 25 minutes. Cut into halves lengthwise. **THE CANADIAN PRESS/ EGG FARMERS OF ONTARIO**

Ingredients

- 500 g (1 lb) pork sausage, casings removed
- 8 hard-cooked eggs, peeled
- 75 ml (1/3 cup) flour
- 1 ml (1/4 tsp) coarsely ground fresh pepper
- 1 egg
- 10 ml (2 tsp) Dijon mustard
- 750 ml (3 cups) cornflakes, finely crushed
- 50 ml (1/4 cup) minced fresh parsley (optional)

Cheese tortellini turns Caesar salad into a complete meal

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

My seven-year-old son made me an expert at Caesar salad. Trouble is, Caesar salad alone does not make a healthy diet, and certainly not a substantial meal.

So I have experimented with how to bulk up this simple salad. Pan-crisped cheese tortellini were the perfect choice. Most people don't realize it, but fresh pasta (the variety sold in the refrigerator case) can be cooked without water. Just give a spritz of cooking spray to a non-stick skillet, add the pasta and sauté until lightly browned and crisp.

Although champagne vinegar works best for this Cheese Tortellini Caesar Salad, white balsamic vinegar is a fine substitute. If you have leftover cooked chicken, use that. I found that a 1 1/2-pound rotisserie chicken worked well.

1. Heat skillet over medium-high. Spritz with cooking spray, add tortellini. Sauté tortellini for 6 mins., or until lightly browned and slightly crisped. Transfer to a plate to cool.

2. In blender combine anchovies, garlic, mustard, vinegar and egg. Purée until smooth. With blender on low speed, drizzle in the oil. Add the cheese and purée until smooth. Season with pepper, then set aside.

3. In a large bowl, toss the chicken and romaine. Drizzle about half the dressing over the salad, then use your hands to toss until well coated. Add the tortellini and drizzle additional dressing, tossing again. You may not need all of the dressing. Serve immediately.

J.M. HIRSCH, AUTHOR OF HIGH FLAVOR, LOW LABOR: REINVENTING WEEKNIGHT COOKING/ THE ASSOCIATED PRESS

Ingredients

- 10-oz package fresh cheese tortellini
- 2-oz tin oil-packed anchovy fillets, drained
- 3 cloves garlic
- 3 tbsp Dijon mustard
- 1/4 cup champagne vinegar
- 1 large egg
- 1 cup canola or olive oil
- Ground black pepper
- 1 oz Parmesan cheese, finely chopped
- 3 cups cooked and cooled chicken meat, torn into bite-size chunks
- 3 heads romaine lettuce, roughly chopped

Car-sharing programs

Living carless and carefree

FUN AND FRUGAL
Leslie Scorgie
money@metronews.ca

I've been living in the inner city for six weeks and have used my car a grand total of 11 times; three of which weren't entirely necessary — I was running late for meetings.

Prior to moving downtown from suburbia, I'd tossed around the expensive idea of replacing my seven-year-old Volkswagon with a one-year-old hybrid. But now that I can walk to work, appointments, the grocery store and friends houses, I'm considering the exact opposite — a vehicle-free lifestyle.

The economic case for going carless is strong — no more car payments, maintenance bills, insurance fees, traffic jams, depreciation and parking expenses.

From an environmental perspective, less fuel is burned, and fewer automotive parts are manufactured and ultimately scrapped.

But, what happens when the carless person needs a vehicle?

I had such an experience in July while I was enjoying a few days in Vancouver.

I'd flown into town and taken the Canada Line into Yale Town. On day two, when it was pouring rain outside, I needed a car to run errands. Car2Go was my solution.

Car2Go is a community car-sharing program located in major cities throughout Europe and North America. Car2Go's Smart Cars are parked throughout a city and can be rented for as little time as a few minutes, for approximately $0.35 per minute or $13 per hour, up to a few days, for approximately $65 per day.

Once a member, if you see a Car2Go on the street or locate one online, you can grab it. No reservation required. There is a small one-time sign-up fee and the per minute, hour or day utilization fee includes fuel, parking, mileage, insurance, maintenance, GPS, cleaning, 24/7 customer support and roadside assistance.

In my case, paying $0.35 per minute works out to nearly the same cost, if not less, as driving my personal vehicle when I take into account the total cost of car ownership.

ZipCar is another car-sharing service that allows you to borrow different models of vehicles for varying rates that are competitive with Car2Go.

So, if you need a truck to move furniture, ZipCar has larger vehicle models in its fleet. ZipCar's cars have to be returned to the same parking stall meanwhile Car2Go vehicles can be dropped off in most designated zones (as determined by Car2Go).

Modo is another option that allows a specific community of people to use one vehicle within a coop. Under this model you buy into a share of the vehicle for a one-time refundable fee; typically $500 per person plus pay a usage rate.

With car-sharing options now available in most major cities in Canada, going carless is easy. To see how you can save money, compare the programs in your community to the costs, and hassles, of owning your set of wheels.

More Fun and Frugal

Follow Lesley on Twitter @LesleyScorgie

Four ways to head off higher grocery costs

Alison's Money Rule.
Fight food inflation with leftovers, planning, coupons and bulk buying

YOUR MONEY
Alison Griffiths
money@metronews.ca

Bad news! You're about to about to spend up to $2,000 more between now and the end of 2013. Initial projections have food costs rising 5.5 to 7.5 per cent, thanks to the North American-wide drought.

According to the Alberta provincial Ministry of Agriculture and Rural Development, a family of four averages $800 monthly in basic grocery spending. The increase will add from $704 to $960 to the grocery budget over the next 16 months.

This amount doesn't include extras like condiments nor does it account for takeout or restaurant meals. Add those in and families will be paying at least $125 more monthly.

Don't despair. Here are 4 ways to laugh at food inflation.

1 Utilize leftovers
Let your fridge dictate what the meal will be. For instance, if you have half a pork roast and assorted veggies, stir fry the lot, cook up a pot of rice as a side dish and spice to taste. Nutritious, tasty and fast! Keep track with a leftover log on the side of the fridge.

2 Plan
Plan meals in advance to avoid last minute grabs or takeout, which are expensive and often unhealthy. A menu plan makes it easier to shop for an entire period and integrate leftovers into the menu.

3 Clip
If you forget to clip or print coupons from the web, check customer service in the store. Clipping or surfing for coupons is also a great way to involve young kids in shopping. Canadianfreestuff.com does a lot of the work for you with lists of printable and mailed coupons.

Drought in North America is causing grocery costs to rise. ISTOCK IMAGES

4 Buy in bulk
Expect savings of 15 to 30 per cent on bulk shopping for items like chicken, hamburger and cheese. Then bulk up your cooking by intentionally creating leftovers for dinner and brown bag lunches. However, carefully check your prices, 14 per cent of bulk purchases surveyed by the U.S. Department of Agriculture (USDA) actually cost more. No room to store? Try splitting purchases with a friend.

There are real reasons why most couples are close in age

More in common.
Being of the same generation often means more shared experiences, goals and expectations

SARA DIMERMAN
life@metronews.ca

There's no exact science as to the number of years required between partners to ensure the success of a relationship. However, it appears that most prefer a two to five-year gap, with the man (in a heterosexual relationship) being older. If a woman dates a much younger man, she's often referred to as a cougar. Some might even say that her guy has a mommy complex.

So, why do the majority stay within the three-years-apart zone? Well, it stands to reason that if you're born only a few years apart, that you might have more in common. You'd both recognize the same pop icons, remember the theme songs to the same movies, be able to play "geography" if you both grew up in the same neighbourhood and hung out with the same people.

Being only a few years apart also means that if you plan on having children together, that you are more likely to share the same or similar level of energy. Let's face it, if your spouse is 12 years older than you, he may not be as playful or as energetic as you — and that applies to times when you're with the kids or frolicking without them.

And what about a shared lifestyle? If you marry a man 10 years your senior just because you want someone whose more grounded, established and financially successful, you may bore of his work hours when you're still wanting to travel the world barefoot and fancy-free. And what about building a life together? There's something to be said for growing together, setting mutual goals and reaching for them as a couple. There is something to be said for standing at the start line together as opposed to joining him half way through to the finish line.

A girl of 17, for example, who decides to settle down with a 25-year-old man may not know it at the time, but by the time she's 25 and he's 33, she's likely matured, grown, even changed significantly more than her mate — potentially creating a disconnection between them.

Age gaps in relationships can cause unforeseen problems. ISTOCK

It's obvious that my experience as a couples' therapist hasn't led me to be convinced that a significant age gap between partners is a step in the right direction. This is not to say that it can't work, just that it may not be the best predictor of success or compatibility.

Advice

Pregnant smoker, so what do I do?

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Hello Charles,
Recently, I was on the subway in Toronto and I observed a pregnant woman smoking. Yes, smoking. I wanted to pull that cigarette out of her hand, but also didn't want to create a scene. What should I have done?
Brian

Dear Brian,
Wow! What seems like such a simple and obvious answer sure leaves us with some difficult questions.

First, I think it's common knowledge that smoking while pregnant is both dangerous to the unborn baby's health as much as it is to the mother.

Back to how to deal with the situation?
I would observe the mother; are you sure she is pregnant and not just overweight? If I felt it was safe to approach her and she was in fact pregnant, I might just quietly go up to the smoking mother and say something like, "I'm very sorry to bother you, I see you are pregnant, Congratulations. If I may just say, are you aware of the dangers of smoking while being pregnant?"

And then, based on her answer, I would either continue the conversation or, if she clearly does not want to discuss it with you I would wish her all the best, and walk away. The one thing I know I would not do is create a scene, which never solves the problem.

Now that you have read my thoughts, I really want to hear back from you. I ask my fellow Canadians, what would you do and or say in this situation? I will publish some to the best answers and approaches in a future column.

Lets hope we never experience this.

SPORTS 4

Union to present league with alternative: Fehr

NHL. Negotiations about to pick up pace a month after NHLPA received initial offer

The NHL Players' Association is dreaming big.

Faced with an initial proposal in collective bargaining that held absolutely no appeal, NHLPA executive director Donald Fehr is proceeding as though it never happened. Rather than quibbling over the fine points of the NHL's offer, the union has chosen to re-imagine the league's economic system in a proposal it will deliver on Tuesday.

"What we expect to do tomorrow is to put forth an alternative view as to what we should do next," Fehr said Monday. "That's the best way I can put it."

It's a bold move with a Sept. 15 deadline looming for a lockout. The initial offer from the NHL called for a lowering of the players' share in revenue and introduced new contract restrictions, among other things. There wasn't one aspect of it that appealed to the union, with one source saying the NHLPA felt it was designed to "anger and provoke" rather than kick-start meaningful discussions.

Despite that, the union thoroughly examined it over the last month before deciding there was no true counter-proposal to be made. Fehr will instead offer up a "different kind of an approach" — one that no doubt includes expanded revenue sharing and more flexibility than is currently allowed under the league's rigid salary cap system.

Negotiations are about to pick up pace. Despite the fact the sides have been talking throughout the summer, they finally seem ready to get down to work.

"All things in this world at this stage of this negotiation are possible," said Fehr.

THE ASSOCIATED PRESS

Donald Fehr
CHRIS YOUNG/THE CANADIAN PRESS

Kvitova rallies for Rogers Cup title

Petra Kvitova reacts following a point during the final of the Rogers Cup against Li Na on Monday in Montreal. Kvitova held on for the victory, 7-5, 2-6, 6-3. PAUL CHIASSON/THE CANADIAN PRESS

Mobile sports

The Baltimore Orioles have defied logic this season in a manner that transcends their unlikely stature as a playoff contender. Baltimore has been outscored by 49 runs, yet trail the AL East-leading New York Yankees by only 5 1/2 games and are in second place in the wild-card race. How have they done it? Scan the code for the story.

NHL. Giguere signs on for one more year in Colorado

The Colorado Avalanche have signed goalie Jean-Sebastien Giguere to a one-year contract extension.

The deal announced by the Avalanche on Monday will keep Giguere with the team through the 2013-14 season.

The 35-year-old Montreal native appeared in 32 games last season, his first with the Avalanche. He had the lowest goals-against average, 2.27, of any Colorado goaltender since David Aebischer in the 2003-04 season.

THE ASSOCIATED PRESS

Jean-Sebastien Giguere
GETTY IMAGES FILE

MLB

Bronx Bombers add veteran Lowe to bullpen

The Yankees signed Derek Lowe to a major-league contract on Monday and said they planned to use the right-hander in the bullpen.

Lowe, 39, has spent time as a reliever, but mostly has pitched in the rotation for various teams, most recently the Indians. Cleveland designated him for assignment on Aug. 2 and released him on Friday.

THE ASSOCIATED PRESS

PGA. Westwood cuts ties with coach and caddie

Lee Westwood's manager says the English golfer has split from coach Pete Cowen and temporary caddie Mike Waite after his disappointing performance at the PGA Championship.

Cowen works with several top golfers, including Darren Clarke, Graeme McDowell and Louis Oosthuizen, but the 39-year-old Westwood believes a fresh approach could improve his chances of finally winning a major.

His regular caddie, Billy Foster, injured his knee in May and won't return until next year. Mike Kerr, who is normally on the bag for Alvaro Quiros, will take over for two months.

Westwood missed the cut at the PGA Championship, where Rory McIlroy won by eight shots. THE ASSOCIATED PRESS

Quoted

"Lee admits he needed to shake things up."

Andrew Chandler, Lee Westwood's manager, on the golfer's split from his coach and temporary caddie

Canada's homecoming queens

Olympic gold medallist Rosie MacLennan, from King City, Ont., signs autographs upon arriving at Pearson International Airport on Monday.
J.P. MOCZULSKI/THE CANADIAN PRESS

Warm welcome.
Gold medallist MacLennan among several athletes to return home from London

Canada's Olympians were greeted by cheering fans and throngs of media as they touched down on home soil Monday.

A large crowd of young and old alike serenaded soccer star Christine Sinclair as she arrived in Vancouver a day after carrying Canada's flag in the London Games closing ceremony.

Across the country, Sinclair's teammate Diana Matheson, who scored the dramatic winning goal in Canada's bronze-medal victory over France, also received a hero's welcome when she arrived at Toronto's Pearson airport.

"I think right now we're going home to sleep for a week," said Matheson.

Canada's only gold medallist was also greeted by adoring fans in Toronto.

Trampolinist Rosie MacLennan, proudly wearing her medal around her neck, said her Olympic success has brought a lot of attention to her sport.

"Now everybody knows my name," said the 23-year-old MacLennan, who has seen her Twitter followers explode from 900 to more than 14,000 after the big win.

The women's soccer bronze was one of the biggest Canadian stories of the London Games after the team lost to the United States in a semifinal marred by controversial officiating.

Sinclair said the bronze medal reaffirms her desire to go for gold again at the 2016 Summer Games in Rio de Janeiro.

In the months leading up to the Games, the 29-year-old Burnaby, B.C., native said she would keep playing until at least the 2015 Women's World Cup, which Canada is hosting, and likely stay on for another year for the Rio Games.

But there was no doubt about her future Monday as she spoke to reporters, signed autographs and posed for pictures for hundreds of fans.

Sinclair helped Canada claim its first-ever Olympic medal in soccer as she led all scorers at the Games with six goals. It was also Canada's first medal in a traditional team sport at a Summer Games since 1936.

Sinclair's teammate Sophie Schmidt said the adulation showered on Canada's captain was well-deserved.

"She's meant so much to this team, and been the heart and soul of the team for so long," said Schmidt. "Now, finally, she has that medal. That kind of gives her that hero status. It's amazing."

THE CANADIAN PRESS

Quoted

"I'm not retiring. I don't think any of us are retiring."
Canadian women's soccer captain Christine Sinclair

For more Olympic coverage visit metronews.ca/olympics.

Women's soccer hero Diana Matheson, from Mississauga, Ont., shows off her bronze medal upon her arrival in Toronto on Monday. J.P. MOCZULSKI/THE CANADIAN PRESS

Van Koeverden lands in T.O.

Adam van Koeverden talks to members of the media upon his arrival at Pearson International Airport. The silver-medal-winning kayaker said he is still pondering his Olympic future. "I'm looking forward," said the Burlington, Ont., native. "I don't know that I'm done."
DARRYL DYCK/THE CANADIAN PRESS

No regrets at all, says Hanson

JOHN MATISZ
Metro in London

Janine Hanson simply could not stop smiling.

As the silver-medal-winning rower in Canada's women's eight boat arrived back home in London, Ont., on Monday, she was met by about a dozen supporters who gathered to greet the two-time Olympian after she stepped off a 4:11 p.m. connection flight from Toronto's Pearson airport.

"It's nice to be able to share the medal with people, just to come home and see friends and family," Hanson said, beaming.

Among the well-wishers was the Dew family. "She's a part of our family," Carla Dew said, proffering a gift of homemade bread and jam.

After a short embrace with family, Hanson flashed a big smile at Carla's son, Mitchel. The two, though 18 years apart, are good buddies. They met six years ago through Autism London, and Hanson remains a strong influence on Mitchel.

She has taught him how to swim and taken him on day trips, such as a tour of the Doug Wells Rowing Centre in London where the team trains.

But Hanson's homecoming was bittersweet because she knows the current women's eight roster won't be intact for much longer. Five of its nine members are 30 or older. Hanson and Ashley Brzozowicz will be passing the torch to a pair of 23-year-olds, Natalie Mastracci and Lauren Wilkinson.

Calling the big race a "good fight," she says placing second to the powerhouse Americans was a tremendous victory for the aging squad. And, with her boyfriend, family friends and Mitchel huddled around her, she summed up the crew's performance overseas: "No regrets at all."

Janine Hanson, 29, a member of the Canadian women's eight rowing team, shows off her silver medal to Mitchel Dew, a family friend, moments after arriving home in London, Ont., on Monday afternoon. JOHN MATISZ/METRO IN LONDON

The London gang

- Decathlete Damian Warner arrived in London, Ont., at 8:24 p.m. Asked about his key to success at the Games, Warner, 23, said: "Just go out there and have fun. If I do, the results will come."
- Lesley Thompson-Willie, now a four-time Olympic medallist in rowing, was scheduled to arrive in London at 11:57 p.m.

To watch a video of Damian Warner's arrival in London, go to metronews.ca.

Ottawa. 'Inspiring' Olympians get a warm welcome from fans

If the Ottawa police pipe-and-drum band wasn't welcoming enough for local Olympians at the Ottawa International Airport Monday, the onslaught of greetings from dozens of friends, family and fans certainly was.

The sound from the pipes echoed through the hall as the athletes emerged from the customs gate one by one. Within seconds the fans drowned out the sound with loud cheers and applause.

Men's 4x100 relay teammates Oluwasegun (Segun) Makinde and Gavin Smellie were the first to come out.

The pair were all smiles, despite a disappointing performance just two days ago in London, when Canada was disqualified after fellow runner Jared Connaughton stepped over the inside lane.

"I was very disappointed," said Smellie at the airport Monday. "We managed to pull ourselves together and keep our heads up and hope the best for the future."

To see the number of people who showed up to welcome him home was a big surprise for the 26-year-old.

With the silver medal from men's eight rowing dangling from his neck, Canadian Conlin McCabe said it felt "awesome" to see many excited fans and media put a spotlight on his team.

Rower Conlin McCabe waves to fans at the Ottawa airport Monday with his silver medal dangling from his neck. JOE LOFARO/METRO IN OTTAWA

"Coming from Brockville, (Ont.), this never happens in our sport," said McCabe, before signing an autograph on a young boy's T-shirt.

Emma Lis, an Ottawa South United Soccer Club player, didn't know any of the athletes personally, yet she rushed to the airport just to see them arrive home.

"The saying for the Olympics this year was 'inspire a generation,' and I really feel that these athletes have done that," said Lis, 19.

"I definitely want to make it to the Olympics one day, and the women's soccer team especially proved that they were able to compete at such a high level. So it just opens the door for a lot of young athletes."

JOE LOFARO/METRO IN OTTAWA

Bringing home the goods

Olympic bronze medallist Mark de Jonge, from Halifax, poses with his medal as he arrives back in Canada at Pearson airport in Toronto on Monday. J.P. MOCZULSKIIT/THE CANADIAN PRESS

Olympian Custio Clayton is reunited with his girlfriend, Charis Diggs, and his son, Kyreece, as he returns from the London Olympics to a hero's welcome at Halifax Stanfield International Airport. JEFF HARPER/METRO IN HALIFAX

Boxer Custio Clayton floored by reception

Halifax. Athlete is among five Olympians returning to Nova Scotia after impressive showings at the Summer Games

ANDREW CALEY
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The moment the doors opened at Halifax Stanfield International Airport and revealed boxer Custio Clayton, the crowd erupted.

Clayton, from North Preston, N.S., had a huge smile as his son was passed to him through the crowd and his friends and family presented him with a medal.

"This is crazy. I mean, to come through here and see all these people here, it doesn't get much better than that," Clayton said.

A collection of a few hundred family members, friends and fans waited at the airport to greet their Olympic heroes Monday afternoon.

Along with Clayton, Nova Scotia's Ellie Black, Geoff Harris, Jenna Martin and Danielle Dube returned home after an impressive showing at the Summer Games in London.

Clayton lost a controversial decision on a count back to Great Britain's Freddie Evans in the quarter-finals. A win would have guaranteed him at least a bronze medal. But Clayton took the decision in stride and is looking forward to getting a chance to sit back and rest before getting back to the gym.

Just the beginning?

Ellie Black, Custio Clayton and Geoff Harris all confirmed that after some rest, they will set their sights on the Rio 2016 Olympics.

"To see all these people behind me even though I didn't win a medal.... But deep down they believe in me and believe I won the medal and I believe I won the medal and that's what's important."

Black, the 16-year-old gymnast from Halifax, came through the airport gates to chants of "Ellie! Ellie! Ellie!"

"It's amazing," she said with tears in her eyes. "It is the best experience ever. Everyone's here."

Black's strong performance, particularly in vault, helped propel Team Canada to its first-ever team final in the Olympics and a Canadian-best fifth-place finish.

Black said being in London was a great experience and that she will use what she learned there to help propel herself toward the 2016 Summer Games in Rio de Janeiro.

But for now, she just wants to get home and see those who didn't make the trip to the airport.

"I can't wait to get home and see my dog," she said with a laugh.

7.5 M watch closing ceremony

The closing ceremony was Canada's most-watched event of the London Olympics.

An average of 7.5 million people tuned in to Sunday's broadcast of the Summer Games finale.

That was more than the 6.4 million Canadians who watched the opening ceremony.

Usain Bolt's run to gold in the 100 metres was Canada's most-watched sports event with an average of 6.2 million tuning in to both the English and French broadcasts of the Aug. 5 race.

Tough to compare

While the Canadian ratings for London outpaced the Beijing Games four years ago, it's difficult to compare the two because a new ratings-measurement system was introduced in 2009 that has seen sports TV ratings skyrocket.

The controversial women's soccer semifinal between Canada and the U.S. was second with an average of 3.1 million tuning in.

Canada's Olympic broadcast consortium said 31.9 million viewers tuned in to TV coverage between July 27 and Aug. 12. That's up from the 24 million who watched the 2008 Beijing Olympics on CBC.

The broadcast consortium said 3.4 million hours of content was viewed at CTVOlympics.ca and RDSolympiques.ca, while more than 1.1 million mobile apps were downloaded.

THE CANADIAN PRESS

A performer during the closing ceremony of the London Olympics on Sunday. GETTY IMAGES FILE

Horoscopes

♈ Aries
March 21 - April 20
Whatever else you do today, you must not take sides in a dispute. Power planet Pluto warns that even if you pick the winning side, you will lose out in ways you had not expected. Stay neutral — it's safer.

♉ Taurus
April 21 - May 21
No matter how successful you have been in your career, you can't shake the feeling that you could have done even better. Maybe it's true, maybe you could, but there's still today and tomorrow.

♊ Gemini
May 22 - June 21
For some reason, you have got it into your head that a friend or colleague is trying to take advantage of you. Most likely it is your imagination playing tricks on you. Master your mind, don't let it master you.

♋ Cancer
June 22 - July 23
Use your powers of persuasion to convince a friend or relative that what they are worrying themselves silly about is not worth the effort. And after you have convinced them, you might like to do the same for yourself.

♌ Leo
July 24 - Aug. 23
The message of the stars today is that you have taken on too much and need to cut back on your commitments. You may not want to let people down but the fact is your health must come first.

♍ Virgo
Aug. 24 - Sept. 23
A friend or colleague will suggest something today that sounds really good, but because you are worried about your money situation you may let it pass. Mistake! It could be the cash cow you've been looking for.

♎ Libra
Sept. 24 - Oct. 23
Other people may think that a certain course of action is wrong but you don't have to agree with them. Only you can decide what is "right" and "wrong" in your life, so don't give that power away.

♏ Scorpio
Oct. 24 - Nov. 22
You will achieve more in the long-term if you deal with people one-to-one than if you try to get your message over to large groups. Use your Scorpio charm (yes it does exist!) to get what you need.

♐ Sagittarius
Nov. 23 - Dec. 21
It may be that your options are limited but they are not so limited that you have to sit back and let fate turn you this way and that. Make a decision today and stick with it. Show fate you're the boss.

♑ Capricorn
Dec. 22 - Jan. 20
You have big ideas and big plans, but are you ever going to do anything with them? The planets urge you to stop thinking so much and actually start working. A little bit each and every day is all that is needed.

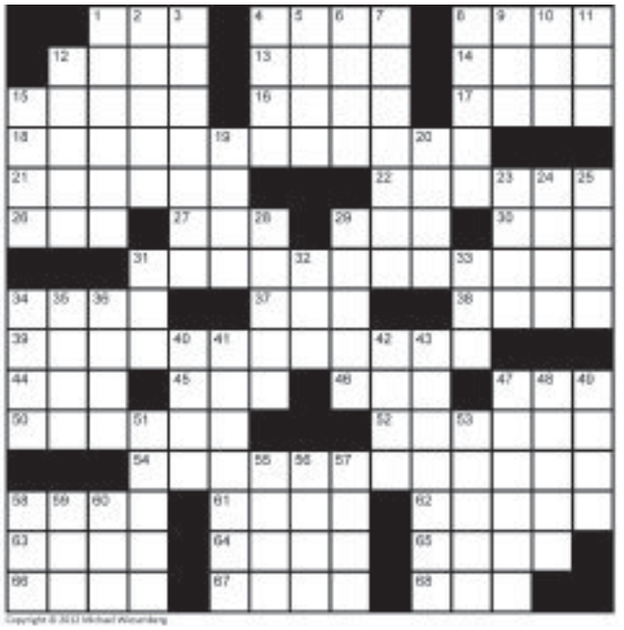
♒ Aquarius
Jan. 21 - Feb. 19
No matter how much pressure you come under from influential people, you must not betray your principles. If you back off even a little bit now you will end up backing off a lot later on.

♓ Pisces
Feb. 20 - March 20
It may be true that some people are not pulling their weight but don't make a big deal of it. Ignore what they are doing (or not doing) and focus on your own activities — that's what will make the difference.

SALLY BROMPTON

Crossword: Miscellany

BY MICHAEL WIESENBERG



Across
1. Replacement
4. Real estate rentals: abbr.
8. Observes
12. Altar end of church
13. Bend in a sink's pipe
14. Ottawa-born singer-songwriter Paul who wrote the much-covered "My Way"
15. Weeps
16. Short note
17. Encounter
18. Canada's official weights and measures reckoning (2 wds.)
21. Big rig fuel
22. Clandestine meetings
26. Hosp. workers
27. Prefix for logical or physical meaning "earth"
29. Maritime Prov.
30. "___ Baby Baby": 1965 Miracles hit
31. Montréal singer-poet most known for "Suzanne" (2 wds.)
34. Rim
37. *Nightmare on ___ Street*
38. Assents noiselessly
39. Canadian and American honeymooners' destination (2 wds.)
44. Bear's hibernation spot
45. Chewing ___
46. "___ thousand times ...": "I'll never agree" (2 wds.)
47. Lamb's bleat
50. Dextrose and fructose
52. What Scarborough or North York is to Toronto
54. These mountains extend from southern BC through Washington and Oregon to Northern California (2 wds.)
58. A step away
61. America's top corn-growing state
62. Gold bar
63. Lake bounded on the north by Ontario
64. Affirm solemnly
65. Home to Adam and Eve
66. Makes a mistake
67. Bird home
68. Canadian redeye

Down
1. Is venomous to
2. People with computers
3. Overwhelm, as with requests
4. Cash dispensers
5. Carnivore's quarry
6. Scottish caps
7. Like a leopard
8. ___ Davis Jr.
9. Montréal-to-Québec dir.
10. Barely manage (with "out")
11. Posed
12. "Congratulations ___ order" (2 wds.)
15. Admiral's underling: abbr.
19. Disney goldfish
20. Guitarist Clapton
23. Area in London or NYC
24. ___ the line: conformed
25. Male offspring
28. 60 minutes past midnight (2 wds.)
29. Spin doctor, for short (2 wds.)
31. Part of a race
32. Fuzzy alien of '80s TV
33. Light switch positions
34. Finishes
35. "Mon ___!"
36. Band of outlaws
40. India city that's home to the Taj Mahal
41. ___ roulette
42. Be an unsuccessful gambler
43. PM Wilfrid
47. ___ cord: what thrill-seeking bridge jumper uses
48. Inert gas in vacuum tubes
49. Aid
51. 640 make a square
53. "Don't ___ words with me"
55. Small inlet
56. Bedazzles
57. Barroom projectile
58. Society page adjective that means "born" in French
59. Flub
60. Atmosphere

Yesterday's crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

			2					
2				1	7		3	
	5	7		6		2	8	1
	9					1	4	
			1		2			
	2	3					5	
5	1	9		7		4	2	
	3		6	5				9
					4			

Yesterday's Sudoku

2	3	6	8	5	1	4	9	7
1	5	7	3	4	9	2	6	8
4	9	8	6	7	2	5	1	3
7	1	9	2	8	5	3	4	6
3	6	2	7	9	4	8	5	1
5	8	4	1	3	6	9	7	2
9	7	1	4	2	3	6	8	5
6	4	3	5	1	8	7	2	9
8	2	5	9	6	7	1	3	4

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